



THE KAREN HOSPITAL

MATERNITY SERVICES



1) NORMAL DELIVERY



A normal delivery is whereby a mother undergoes natural process of labor and gives birth to a baby with no complications to the mother or baby.

2) ELECTIVE CAESAREAN SECTION



Definition: It is a planned Caesarean Section done before Labor. It is done based on obstetrical, medical indication, or maternal request. *In this case, date and time are set within the normal working hours - 8 am to 5 pm on Monday to Friday.* Elective C-section outside these hours will attract additional cost.

CHARGES SUMMARY (KSHS)

Type of Delivery	Amount
Normal	100,000
Caesarian Section	200,000

Conditions for the packages

- 1.) Have had at least (2) Antenatal visits with our obstetrician before taking any of the packages.
- 2.) Be above 36 weeks of gestation.
- 3.) Have at least one obstetric ultrasound during the Antenatal visit.

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4.) Use of the hospital resident doctor or a doctor who agrees to the terms of the package.

5.) Price quoted excludes the (SHA) rebate amount for universal cover.

The above conditions are pre-operative, hence not included in the package.

Inclusions for the packages

1. Hospital stays:

i). Normal delivery 2 days stay

ii). Caesarean Section 3 days stay

2. Professional fees for the Surgeon, Anaesthetist, Paediatrician, and Nursing for the procedure.

3. Initial Immunization BCG, Polio, Hepatitis B

4. Postnatal physiotherapy assessment

5. Nurse charges for 2 days

6. The packages are based on ward bed charges.

A patient who wishes to have a room upgrade will top up all charges related to the respective room. The room top-up is as per the table below:

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ROOM AND SERVICE CHARGES (KSHS)

Charge/ Ward	General Ward	Private	Executive	Deluxe
Bed Charges	10,000	20,000	23,000	43,600
Nursing Fee	2,500	3,000	3,500	4,000
Room Diff Per Day		10,500	14,000	35,100



Exclusions for the packages

Items excluded in the packages include:

- 1) Doctor's consultation and diagnostic investigations required before and after the procedure.
- 2) Discharge drugs and supplements if any are prescribed.
- 3) Any unforeseen complications during the procedure and prolonged hospital stays.

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Complications consist, but are not limited to: -

- a) *Prolonged labor*
- b) *Induction of Labor*
- c) *Mal-presentation*
- d) *Multiple pregnancy*
- e) *Vacuum delivery*
- f) *Congenital abnormalities of the baby*
- g) *Any medical condition of the mother and baby requiring medical attention*
- h) *Malposition*
- i) *VBAC*
- j) *A reaction to the drugs used during the procedures.*

4) Any extra implant, inventory item, pharmaceutical items, or procedure that is not included in the particular packages.

5) Any other treatment or condition other than the indicated procedure.

6) The maternal age should be **below 40 years**

7) Baby-friendly vaccinations at 6 weeks **(are at an extra cost of Ksh. 11,200)**



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